

#### ABSTRACT OF DISCLOSURE

A foot and ankle control device including an ankle strap positioned to encircle the leg of a wearer immediately above the ankle. A foot support strap having a medial "D"-ring and a lateral "D"-ring is positioned underneath the wearer's foot adjacent the instep of the foot. A connecting strap is positioned to lie over the arch of the foot and working in cooperation with the foot support strap is used to secure the lateral "D"-ring on the lateral side of the ankle, and the medial "D"-ring on the medial side of the ankle. An elastic lateral control strap is provided for resiliently connecting the lateral "D"-ring to the ankle cuff strap. An elastic medial control strap is also provided for connecting the medial "D"-ring ankle cuff strap.